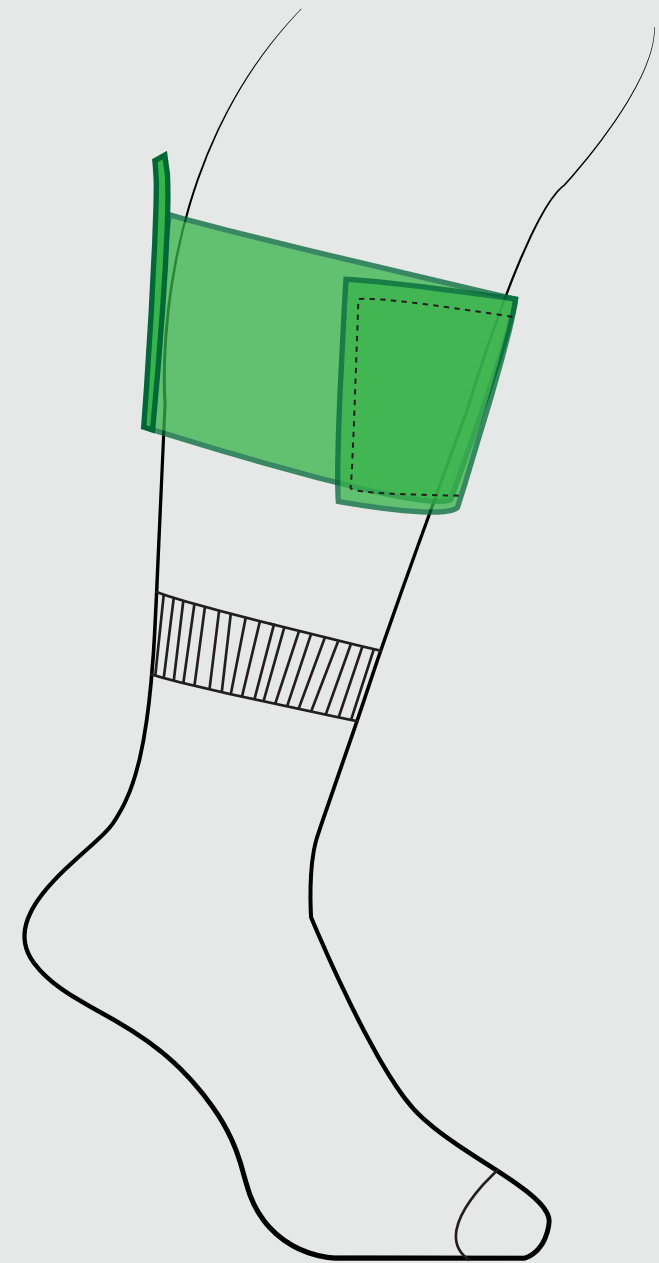
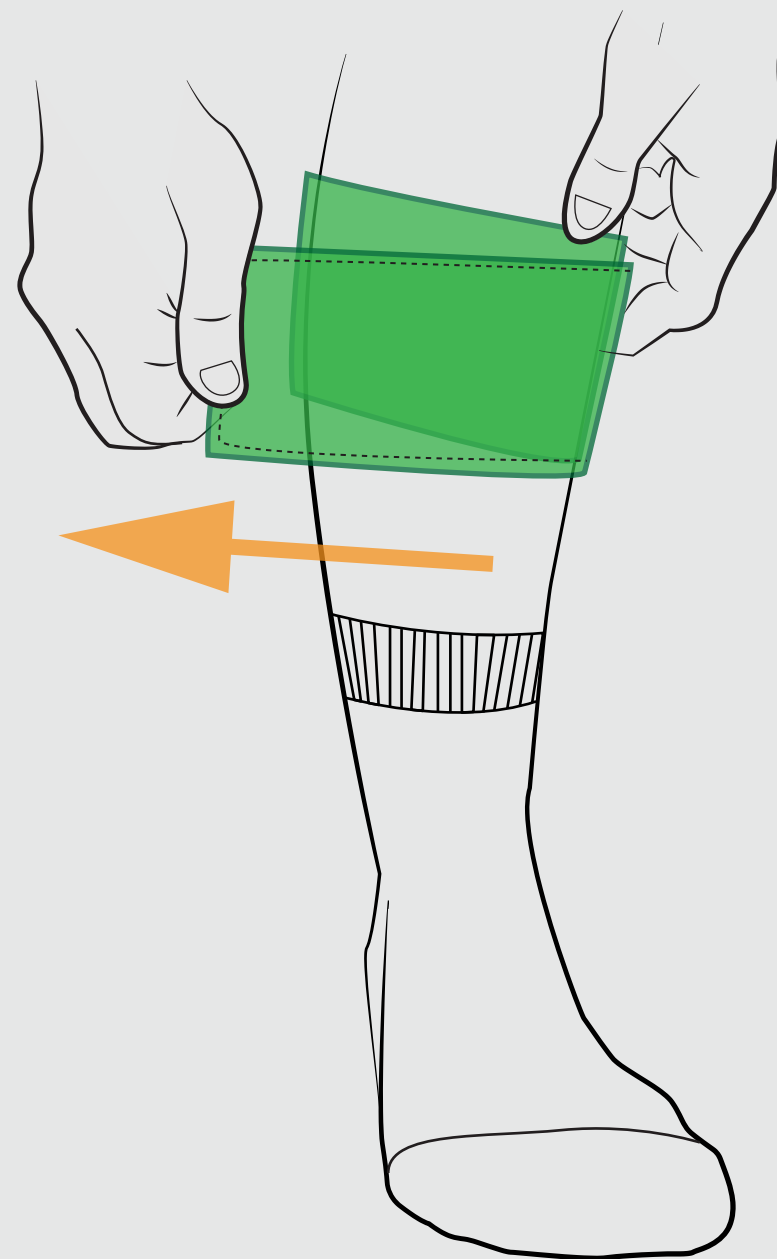




KINETIC EDGE

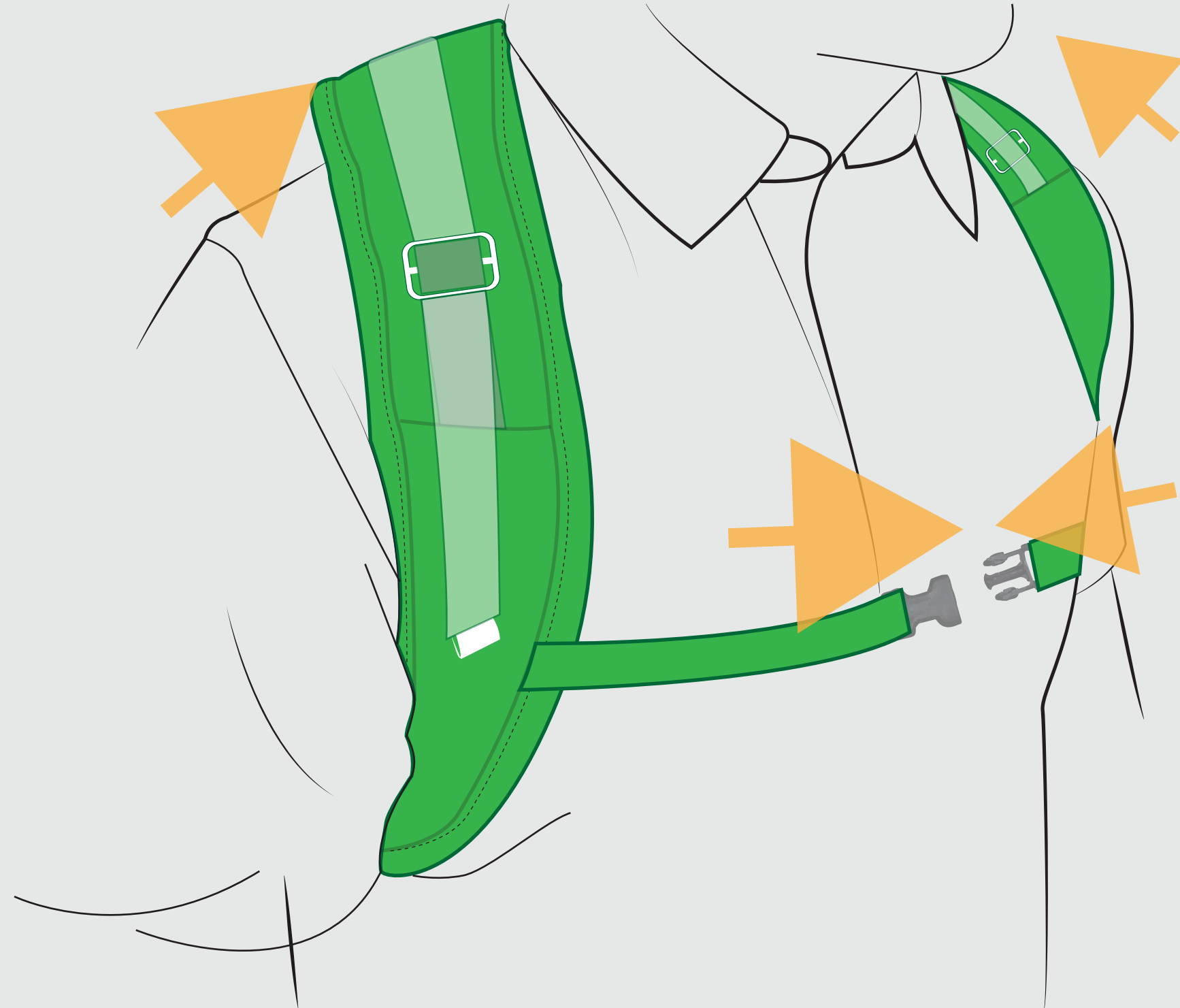
STEP ONE

Secure leg cuff at
mid height with
tab to rear



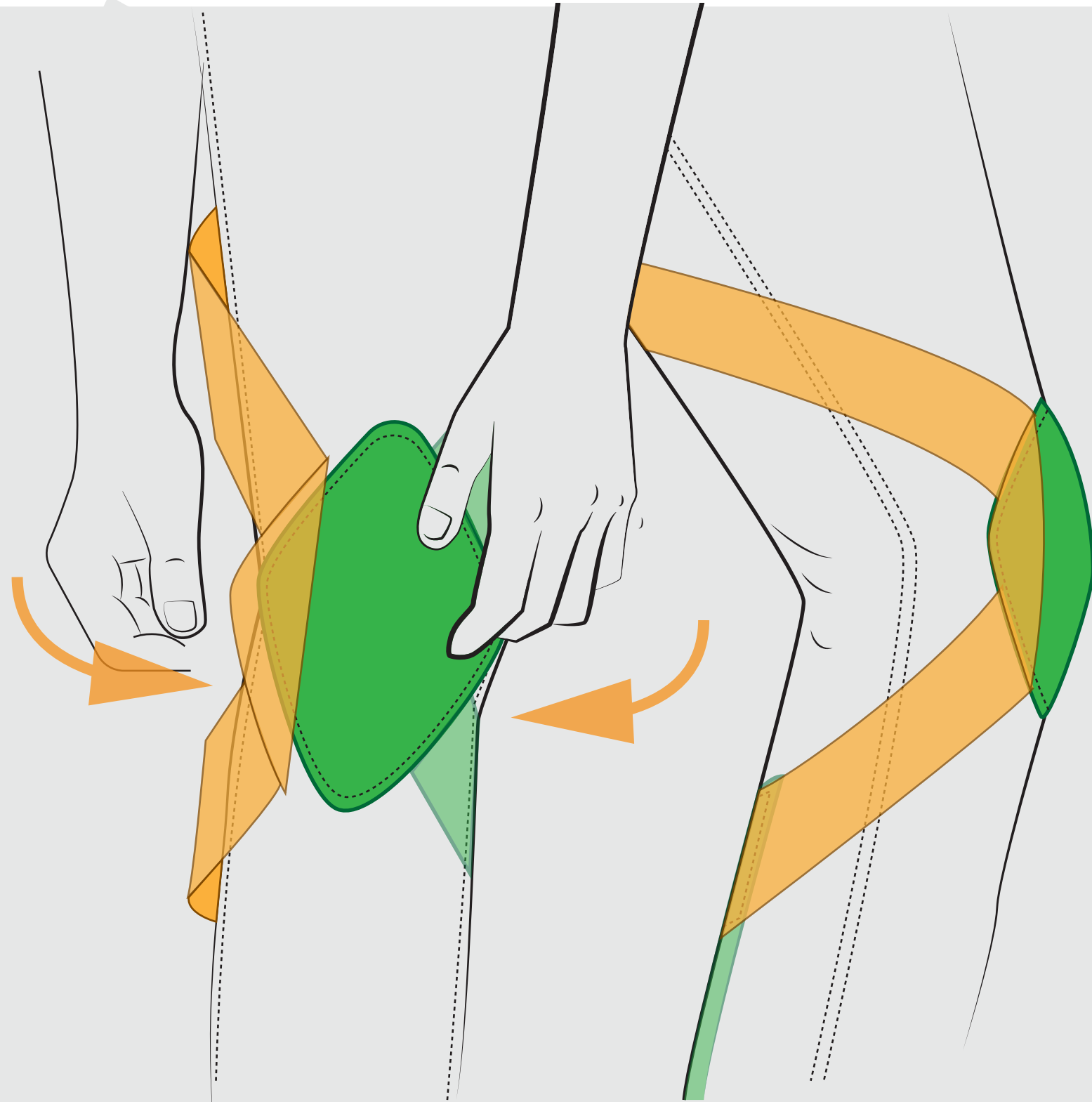
STEP TWO

Put on the
shoulder straps
and buckle the
sternum strap



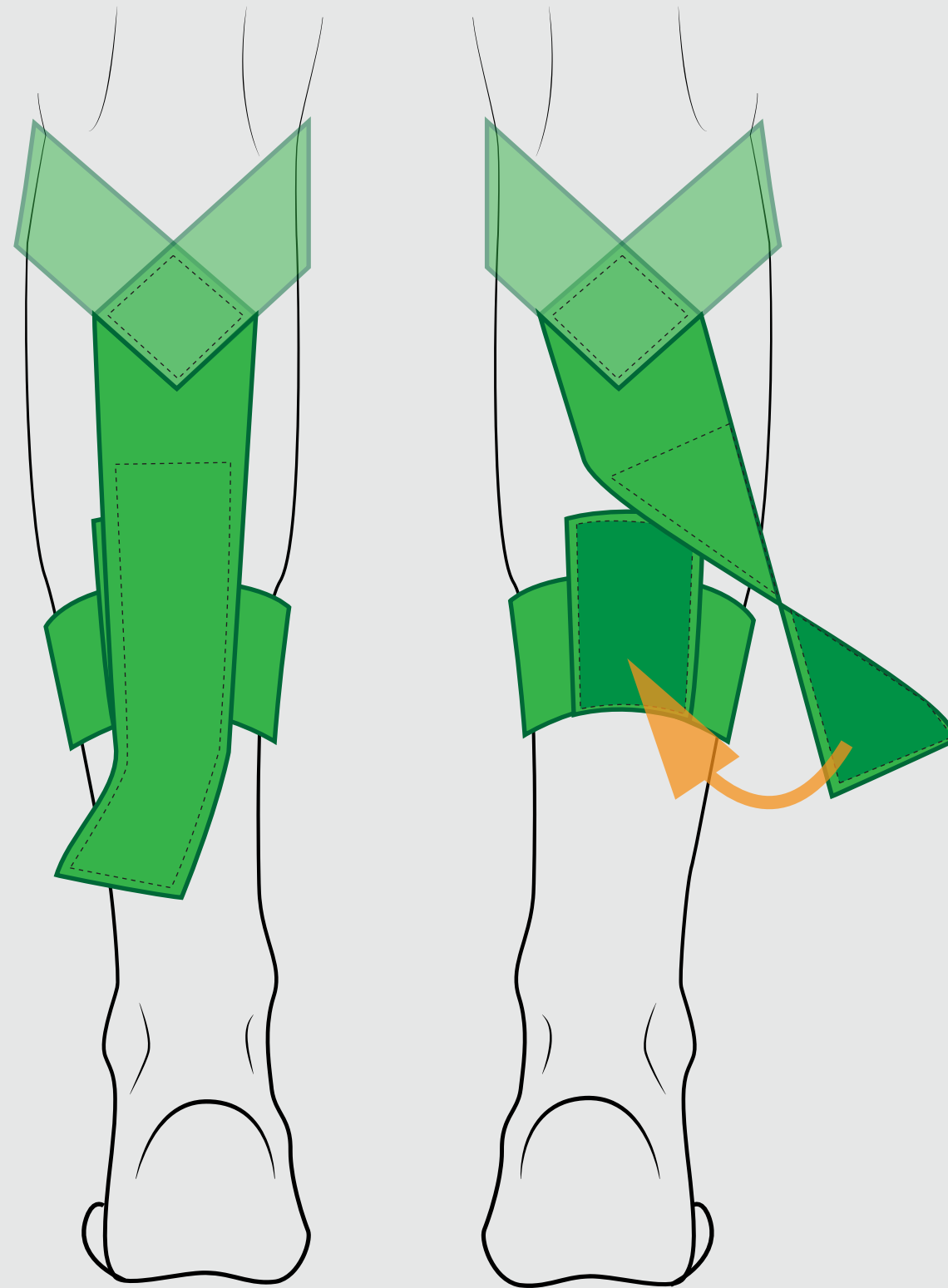
STEP THREE

**Wrap your knees
and fasten halves
of knee pad**



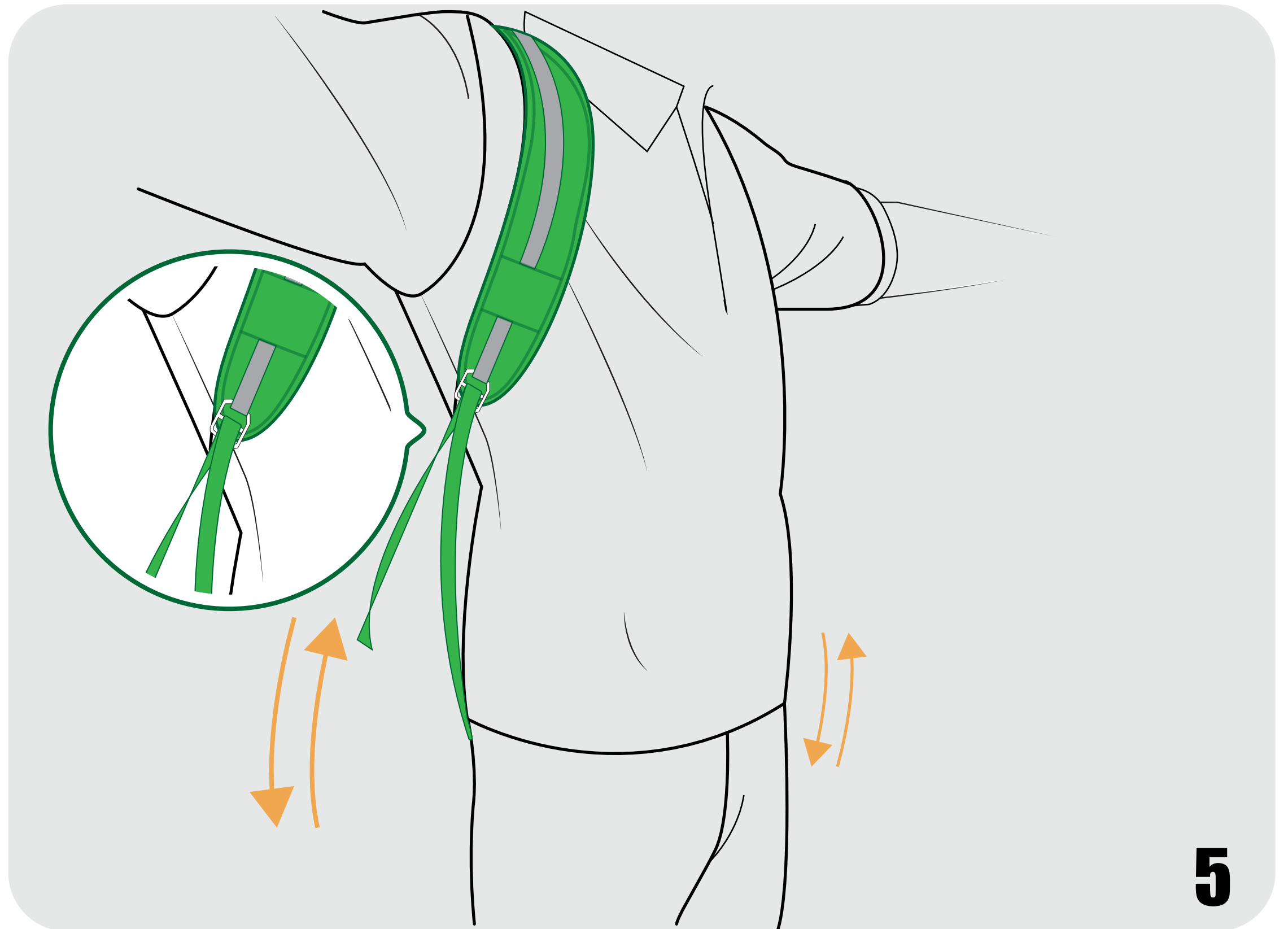
STEP FOUR

**Connect lower
leg to leg cuff so
that knee pad is
located
comfortably**



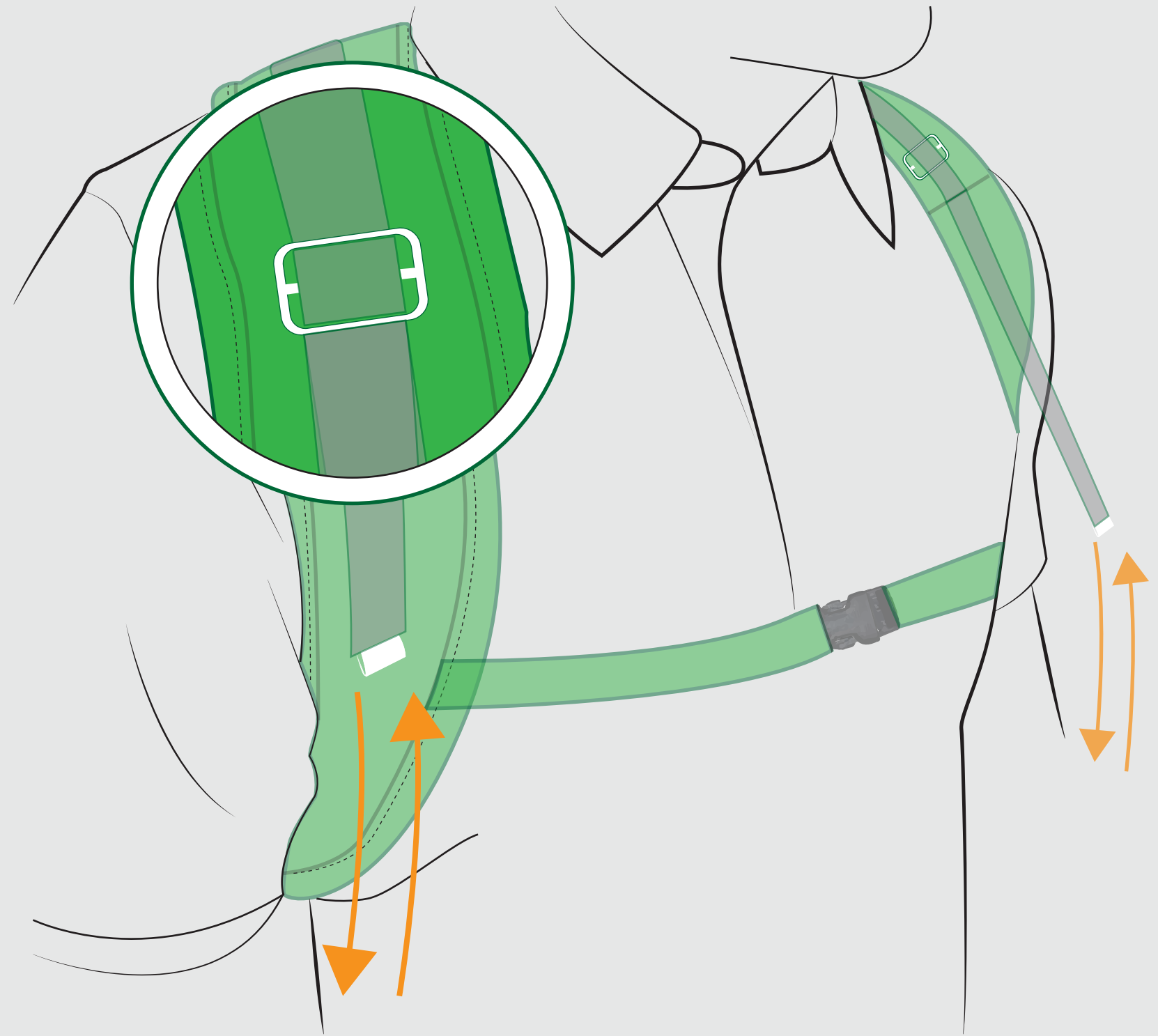
STEP FIVE

Adjust the
fit of the shoulder
portion using the
shoulder strap
adjustment
as shown



STEP SIX

Adjust the
intensity of the
elastic band
using the upper
shoulder webbing





KINETICEDGE FLEX LIFT INSTRUCTION MANUAL



Flex Lift is intended to reduce fatigue during squatting and bending tasks. It is not intended to increase acceptable lifting weight limits. Always use proper lifting technique and follow NIOSH/OSHA lifting recommendations when using the Flex Lift. Some published resources for lifting safety are:

Ergonomic Guidelines for Manual Material Handling - NIOSH
Applications Manual for the Revised NIOSH Lifting Equation - NIOSH
Occupational Safety and Health Standards - OSHA

This product has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For questions regarding safe use and clarification of instructions contact Kinetic Edge: 480-428-6037



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